

# FACTS FOR PARENTS HEALTH SEGMENT

## Health Requirements

### Health Screenings

Hearing and vision screenings will be provided as required by state law at the following levels:

- Hearing and Vision Screening for all students in grade 8, students referred by parents or school personnel.

Exclusions from screening: Contact your school nurse or principal regarding excluding your child from any of these screenings.

### Immunization (Shot) Requirements

State law requires that all students under the age of 18, pre-kindergarten through grade 12, be immunized against certain diseases unless they are exempt for medical reasons. At the time of registration, the school is required to have proof that your child has received all currently due immunizations. The Preuss School participates in the San Diego Regional Immunization Registry (SDIR), a confidential, countywide computer system that keeps track of immunizations (shots).

Check with your pediatrician, family physician, or medical clinic to make sure your child is fully immunized. Your child will be excluded from attending school if these requirements are not met.

More information for *Immunization Requirements by age and grade* for specific requirements can be found at: [www.shotsforschool.org](http://www.shotsforschool.org).

Per SB 277, as of January 1, 2016, parents or guardians of students in any school or child care facility, whether public or private, are no longer allowed to submit a personal beliefs exemption to currently required vaccines. Students who previously had a

### Pediculosis Policy (Head Lice)

The problem of head lice (pediculosis) is ongoing and can be difficult to control at home and at school. Even though head lice and nits (eggs) are not a threat to health, they are a frustrating nuisance. Prompt treatment of students with a positive diagnosis of head lice ensures minimal disruption of their education. When a student is identified as having head lice, the student will be sent home at the end of the school day for treatment. It is the responsibility of the parent to treat and control head lice infestation. Key to success in controlling head lice, with small chance of recurrence, is in the removal of all nits after the use of the pediculicide. After treatment at home, it is mandatory for the student to return to school the next day, via health office inspection. The student may return to class provided the head lice have been treated and there are no live lice in the hair, even if nits (eggs) are still present. Parents are encouraged to continue removing nits until the problem is resolved.

There is no evidence that mass screening (school-wide or whole Classrooms) helps to control head lice infestation or re-infestation.

Parents and Guardians are encouraged to incorporate inspecting their child's hair as part of their regular hygiene routine. The School Attendance Review Board may intervene in case of noncompliance or chronic infestations requiring repeated exclusions from school.

### Medication at home:

The parent or guardian of a student on a continuing

### Control of Communicable Diseases

The school is required to cooperate with the County of San Diego Health and Human Services Agency to prevent and control communicable diseases in school age children.

When there is good reason to believe a student has a contagious infectious disease, the parent or guardian will be contacted and the student sent home. The student may return to school when well and/ or released by a physician. If there is reason to believe a student is suffering from a recognized contagious or infectious disease, the student will be excluded from school until school officials are satisfied that the student no longer has the contagious or infectious disease. If exhibiting symptoms of COVID-19, the student will be able to return to school if it has been 24 hours since last fever (without use of medication), symptoms have improved AND one of the following is true; student has tested negative for COVID-19 OR, a physician has documented that symptoms are in line with a known medical condition; OR a physician has documented a different diagnosis and ruled out COVID-19.

### Concussions

Parents and guardians are required to notify the school nurse when a student has a concussion. During the days or weeks after a concussion, students require extra observation at school to determine if they are having problems that need to be addressed. If a student experiences symptoms of a concussion at school associated with an injury, a parent or

valid personal beliefs exemption filed before 2016 must meet current must meet school immunization requirements prior to school entry. Under Senate Bills (SB) 276 and SB 714 (Pan, 2019), all new medical exemptions for school and child care entry must be issued through CAIR-ME beginning January 1, 2021. Medical exemptions can only be issued by MDs or DOs licensed in California and must meet applicable Centers for Disease Control and Prevention (CDC), [Advisory Committee on Immunization Practices \(ACIP\)](#), and American Academy of Pediatrics (AAP) criteria.

### **Insurance**

The Preuss School does not provide medical or dental insurance coverage for students injured on school premises, while under school jurisdiction or while participating in school district activities. For families without medical or dental insurance, individual student policies may be purchased at reasonable rates through a private insurance company. Call 1-800-367-5830 or visit [www.studentinsuranceusa.com](http://www.studentinsuranceusa.com) for details. For the Medi-Cal program, call 1-800-786-4346.

### **Interscholastic Sports Physical Exam**

An annual physical examination is required for all secondary students who participate in interscholastic athletic programs. In addition, the Preuss School recommends that new students submit reports of recent physical exams when they enter school. A parent or guardian may file a written, signed statement with the school principal stating that the parent or guardian will not consent to a physical examination of the child. If your child has been diagnosed with COVID-19 in the past 6

medication regimen at home is required to inform the school nurse or other designated certificated school employee of the medication being taken, the current dosage and the name of the supervising physician. This can be documented in The Information Exchange form distributed at the beginning of each year. Notification is required to your child's school when new medications are started at any time during the school year.

The California Education Code states that any student who is required to take medication prescribed by a physician during the regular school day, may be assisted by the school nurse or other designated school personnel if the district receives: A form detailing the name of the medication, the dose, time, and route it should be administered must be completed by the student's physician. The form should also be signed by parent/guardian.

All medications must be in original pharmacy container with the original prescription label adhered to the container. Students may carry and self-administer prescription auto-injectable epinephrine and asthma inhalers if certain requirements are met. Parents/guardians who request school staff members to administer medications at school to their child must recognize that school health personnel will communicate with that student's prescribing health professional if the school requires clarification about that medication delivery, such as its dose, scheduling, side effects, or indications.

No other prescriptions or over-the-counter medications, vitamins, herbs, or alternative medications may be carried by students on their person, in a backpack or other container

guardian will always be notified. Students who have had symptoms of a concussion will be managed at school. (e.g., returning to play) as per district protocols.

### **Free Breakfast and Lunch**

The Preuss School participates in the National School Lunch and Breakfast Programs. Through these federally subsidized programs, all students receive free breakfast and lunch.

### **Health Instruction**

Health instruction in areas such as nutrition, dental health, disease process, safe living, vision and hearing, drugs, alcohol, tobacco, community health, physical fitness, mental-emotional health, human reproduction, and sexually transmitted diseases including HIV, is part of the school curriculum. Prior to instruction, parents have opportunities to preview instructional and audio-visual materials dealing with comprehensive sexual health and HIV prevention education. A student may be excused from instruction related to comprehensive sexual health and HIV prevention education and assessments related to that education by written request from the parent or guardian.

<p>months, it is also recommended that a physician complete a return to physical activity assessment.</p>	<p>except as indicated above and with the express knowledge and permission of the school nurse. Acetaminophen and Ibuprofen are available for students with injuries and can only be administered by a credentialed school nurse or trained health technician with parent or guardian consent on file. Contact the school nurse if you have questions. Forms for medication administration are available at your child's school.</p>	
---	--	--